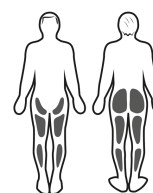
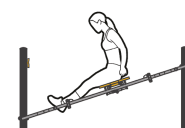


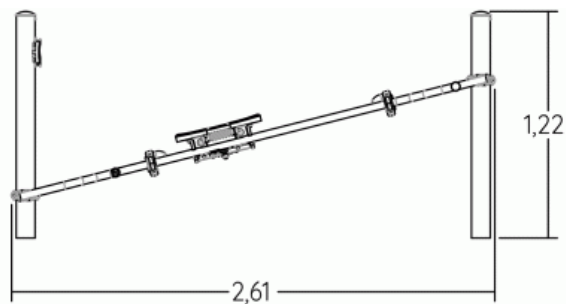
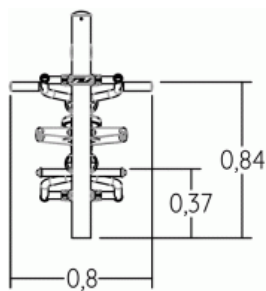
Sports formula



Muscular stimulation



Movements



► **Sports activities :**                    **1**

rowing



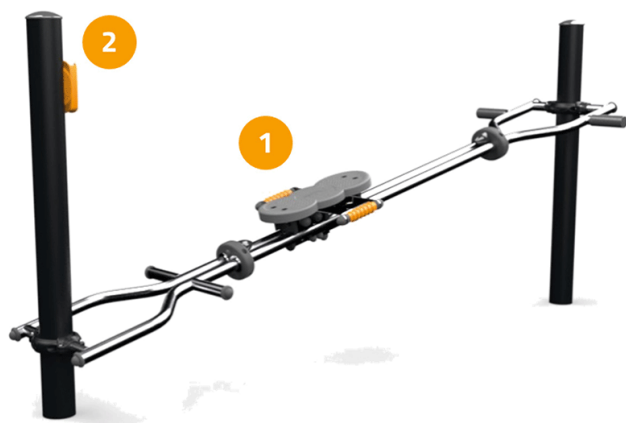
muscle strengthening

heart health

balance

coordination

## ► Components



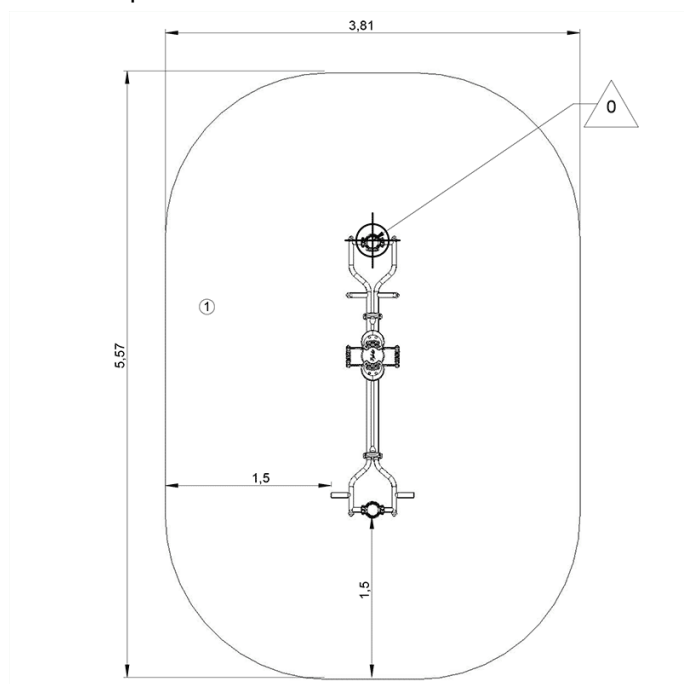
- ① Dual Rowing Machine
- ② Smartphone holder

## ► Installation of equipment

**IMPORTANT:** It is essential to refer to the installation instructions for information on the size of the safety areas.

———— Impact area (minimum normative surface)

- - - - - Free space



1	0,6m	19,5m <sup>2</sup>



2



02h00



0.4m<sup>3</sup>



19.5m<sup>2</sup>



53kg



23kg

