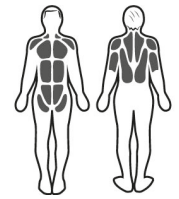
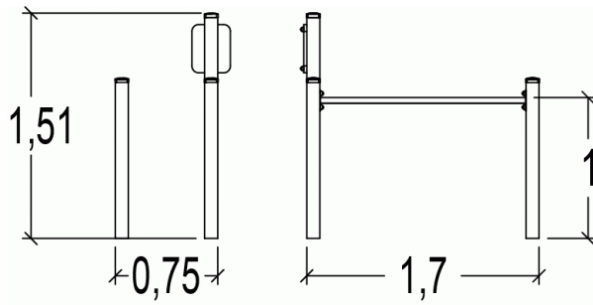


Sports formula



Muscular stimulation



► **Sports activities :**                      **3**

Pull-ups



x1

Dips



x1

Push-ups



x1

muscle strengthening

heart health

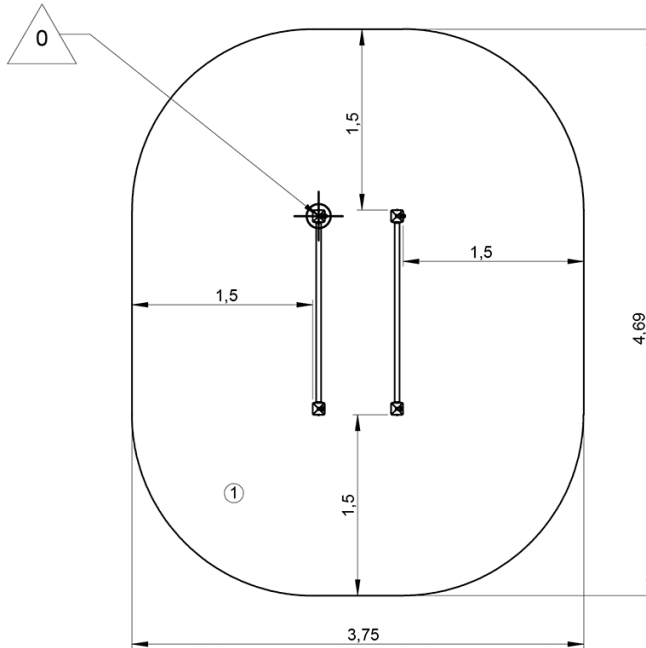
balance

coordination

**Installation of equipment**

**IMPORTANT:** It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- Free space



1	 0,6m	 16m <sup>2</sup>
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1



01h00



0.1m<sup>3</sup>



16m<sup>2</sup>



45kg



11kg

