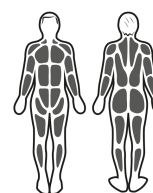
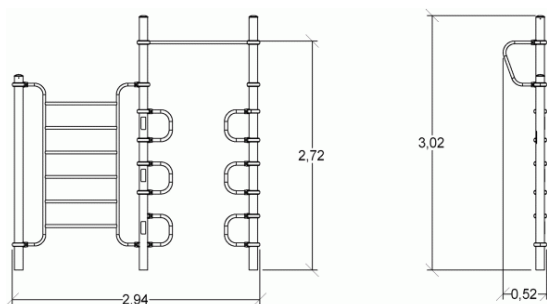


Sports formula



Muscular stimulation



► **Sports activities :**

**8**

hanging



x2

Pull-ups



x2

Dips



x1

Push-ups



x2

Squats



x1

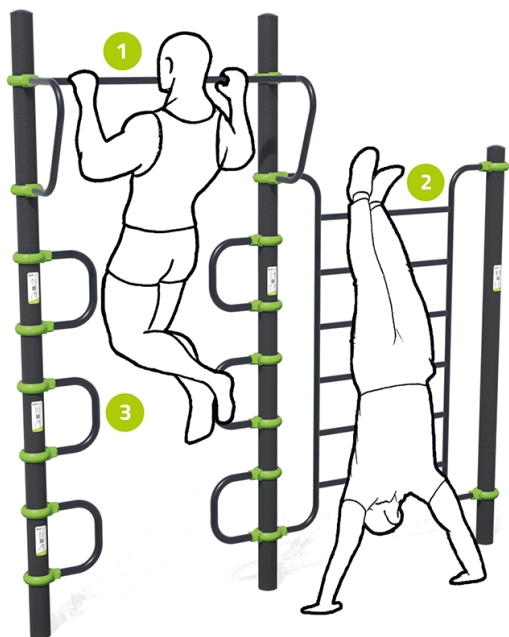
muscle strengthening

heart health

balance

coordination



## ► Components

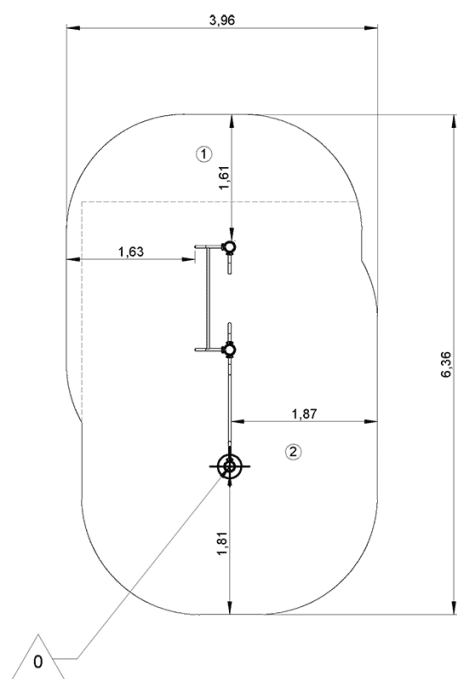


- ① Pull-up bars
- ② Swedish wall
- ③ Handle

## ► Installation of equipment

**IMPORTANT:** It is essential to refer to the installation instructions for information on the size of the safety areas.

-  Impact area (minimum normative surface)
-  Free space



1	1,7m	4m <sup>2</sup>
2	2m	19m <sup>2</sup>



2



06h00



0.6m<sup>3</sup>



23m<sup>2</sup>



109kg



28kg

